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Lifelong estrogen exposure and memory in older postmenopausal women.

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Our findings suggest an enduring **protective role of endogenous and exogenous estrogen on memory in older postmenopausal women** with normal to below
average verbal memory performance on a screening test. They also support our contention that the
neuroprotective benefits of a longer reproductive period might only be evident after a longer period
of postmenopausal estrogen deprivation, which would help clarify why such an association was not
previously found in younger postmenopausal women